



**UNITED BENEFICE OF CORLEY  
PARISH CHURCH & ST MARY &  
ALL SAINTS CHURCH,  
FILLONGLEY WITH FILLONGLEY  
METHODIST CHURCH**

*Anglicans and Methodists in  
Unity.*



**BUMPER SUMMER EDITION**

**1<sup>ST</sup> – 22<sup>ND</sup> AUGUST 2021**

Dear Friends,

I am not the most sports-mad person, but I am really enjoying the feast of sport that we are witnessing from Tokyo. The 2020 Olympic Games may go down in history as one of the most controversial games in Olympic history. A year late due to the pandemic. No spectators allowed because of the soaring infection rates in Tokyo. Calls for the games to be cancelled by many commentators in Japan and around the world, who accused the International Olympic Committee of putting the games before world health concerns. All those controversies aside, the incredible feats of athleticism by so many competitors have still made it an incredibly exciting festival of sport.

And of course, there has been amazing Team GB success to really put the cherry on top of the cake. Adam Peaty in the pool, Tom Daley and Matty Lee on the 10m diving board, Tom Dean and Duncan Scott with a gold and silver medal then followed that up with another gold with the 4x200m team. Alex Yee's silver in the triathlon, Lauren Williams in the Taekwondo, Georgia Taylor Brown also won silver in the triathlon, Alice Kinsella, Jessica Gadirova, Jennifer Gadirova and Amelie Morgan won bronze in the team gymnastics event and the list goes on.....Our sports men and women really doing the country proud with their achievements but also in their behaviour on and off the 'field'. All of Team GB are a real credit to the country.

Unfortunately, there have also been some sad moments too. Witnessing athletes at the peak of their performance being edged out of the medals after years of dedication and training. Most of those athletes have been praised for their resilience in the face of disappointment but it is recognised that the challenges of elite sport have a huge impact on individuals' physical and mental health.

The American gymnast, Simone Biles, has received some negative publicity after she had to leave the arena during the women's team gymnastic competition. Simone later admitted that she had "freaked out in a high stress situation". The gymnast then talked bravely and powerfully about the challenges to athlete's mental health in elite sport. Simone later said that she hoped that speaking out about her struggles with mental health would have an even bigger impact than winning gold medals. There have been many social media posts praising Simone's courage in speaking out about mental health in such a public forum, but these have been tempered by the ones accusing Simone of weakness and selfishness.

It is a sad indictment of society that in 2021, mental health issues are still so misunderstood and retain the stigma of the past. We all have mental health in the same way that we have physical health. Sometimes we have issues with one or the other and occasionally, if we are very unfortunate, with both at the same time. Mental health problems are one of the main causes of the overall disease burden worldwide. Mental health and behavioural problems (e.g. depression, anxiety and drug use) are reported to be the primary drivers of disability worldwide in 20 to 29-year-olds. Major depression is thought to be the second leading cause of disability worldwide and a major contributor to the burden of suicide and ischemic heart disease. And it is estimated that 1 in 6 people experienced a common mental health problem in the past week.<sup>1</sup> Given that these statistics were all compiled prior to the pandemic I imagine that the number of people struggling today is much higher than 1 in 6. The Government recognised the impact of the pandemic on all our mental health, when in November 2020 they announced a £500 million package to support mental health services in England. Most of the funding will be spent on specialist services for young people, support for NHS workers as well as tackling the backlog of adult mental health referrals.

As someone who has struggled with mental health issues, past and present, I am acutely aware of the pressure of appearing to be 'ok', to put on a 'brave face' and to 'carry on regardless' but there are days when that just isn't possible or healthy. Perhaps more brave public figures, like Simone Biles, speaking up can challenge some of the negative attitudes and misconceptions around mental health and work towards parity between mental and physical health.

As a Christian, I believe that God became incarnate in the person of Jesus Christ to offer us life, life in all its fullness (John 10:10). To live our lives as fully human as God intends for us to live, in all its fullness, needs us to attend to our physical, mental and spiritual health. We cannot do that alone. There is a wonderful African saying that 'it takes a village to raise a child'. Perhaps we need to extend that concept of communal responsibility for each other whatever our age? Jesus made it simple for us to understand when he said that we should just 'love God and love each other' (Matthew 22: 37 – 39). There are many wonderful examples locally of people doing just that - going above and beyond for their neighbours and friends, practically demonstrating love for the other. There are also many wonderful faithful folk praying for our communities, demonstrating their love for those that they might not even know and of course, we gather in our churches to support each other in our spiritual journeys.

If you are struggling with your mental health, that can be a lonely and frightening place to be. It can be hard to ask for help but asking for help is an incredibly brave thing to do. There are people and services that understand how difficult life can sometimes be. There is professional and voluntary help available. The GP is a great place to start to seek support or if that isn't possible then self-referral to IAPT\* is available by calling 02476 671090. The Samaritans can also be contacted on 116 123 or by emailing [jo@samaritans.org](mailto:jo@samaritans.org). or if just a chat and a cup of coffee would help, then please don't hesitate to contact me or Revd Jane.

My hope and prayer for us all is a happy and healthy summer.

With love and prayers

Ali

\* <https://www.england.nhs.uk/mental-health/adults/iapt/>



<sup>1</sup> Vos, T., et al. (2013) Global, regional, and national incidence, prevalence, and years lived with disability for 301 acute and chronic diseases and injuries in 188 countries, 1990–2013: a systematic analysis for the Global Burden of Disease Study. *The Lancet*. 386 (9995). pp. 743-800.

Lozano, R. et al. (2012) Global and regional mortality from 235 causes of death for 20 age groups in 1990 and 2010. a systematic analysis for the global burden of disease study 2010. *The Lancet*. 380(9859), pp. 2095–2128.

<sup>1</sup> Whiteford, H. A. et al. (2013) Global burden of disease attributable to mental and substance use disorders: findings from the Global Burden of Disease Study 2010. *The Lancet*. 382 (9904). pp. 1575-1586.

<sup>1</sup> McManus S, Bebbington P, Jenkins R, Brugha T (eds) (2016) Mental health and well being in England: Adult/Psychiatric Morbidity Survey 2014, Leeds:NHS Digital available at: <http://content.digital.nhs.uk/catalogue/PUB21748/apms-2014-full-rpt.pdf>



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## *CALLING ALL FLOWER ARRANGERS*

### **RENOWNED METHODIST MODERN ART COLLECTION COMES TO FILLONGLEY - STORIES OF CHANGE: FAITH, HOPE AND LOVE.**

As part of the Coventry City of Culture celebrations the Coventry and Nuneaton Methodist Circuit will show this priceless collection in 5 Churches in the Coventry area over the 4 weekends in September and the 1<sup>st</sup> weekend of October.

***St Mary and All Saints Anglican and Methodist Church*** are proud to have been chosen as one of the venues. More information to follow on the church website and Facebook page

We have arranged a number of activities to run alongside the Art Collection Exhibition – including a Flower Festival 10<sup>th</sup> -12<sup>th</sup> and 17<sup>th</sup>-20<sup>th</sup> September and Art workshops every weekend. There will also be an exhibition by Ansley Village Art Group following the exhibition theme.

**HELP PLEASE – can you arrange flowers? Would you like to get involved in this community event? If you are interested and would like further information please phone Barbara Wood – 01676 471524 or 07368 504656**

**We would also truly appreciate sponsorship for the flowers. All sponsors will be publicly acknowledged. Please contact Celia Parker re sponsorship – [celiaparker1@gmail.com](mailto:celiaparker1@gmail.com) or 07774 710837**

## **Readings and Prayers**

## Sunday 1<sup>st</sup> August 2021 – Trinity 9

### Collects

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Gracious Father, revive your Church in our day, and make her holy, strong and faithful, for your glory's sake in Jesus Christ our Lord. **Amen**

### Readings

2 Samuel 11: vs 26 – 12: vs 13a

Psalm 51 vs 1-13

Ephesians 4 vs 1-16

John 6: vs 24-35



## Sunday 8th August 2021 – Trinity 10

### Collects

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord. **Amen**

### Readings

2 Samuel 18: vs 5-9, 15, 31-33.

Psalm 130

Ephesians 4: vs 25- 5: vs 2

John 6: vs 35, 41-51

## Sunday 15th August 2021 – Trinity 11

### Collects

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

God of glory, the end of our searching, help us to lay aside all that prevents us from seeking your kingdom, and to give all that we have to gain the pearl beyond all price, through our Saviour Jesus Christ. **Amen**

## Readings

1 Kings 2 vs 10-12; 3: vs 3-14  
Psalm 111  
Ephesians 5: vs 15-20  
John 6: vs 51-58



## Sunday 22nd August 2021 – Trinity 12

### Collects

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire or deserve: pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid and giving us those good things which we are not worthy to ask but through the merits and mediation of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**Amen**

God of constant mercy, who sent your Son to save us: remind us of your goodness, increase your grace within us that our thankfulness may grow, through Jesus Christ our Lord. **Amen**

### Readings

1 Kings 8: vs 22-30, 41-43  
Psalm 84  
Ephesians 6 vs 10-20  
John 6: vs 56-69

### Reflection

Revd Ali's reflection for this Sunday is attached to this Bulletin. You will also find attached a Reflection from Michael Harris, who will be preaching at Fillongley on Sunday 8<sup>th</sup> August.

## HYMNS & WORSHIP SONGS

*Here are the Hymns that we **WILL BE** singing in Church this Sunday and in the coming weeks:*

### Sunday 1<sup>st</sup> August 2021

I, the Lord of sea and sky (StF 663)

The Church's one foundation (StF 690)

Dear Lord and Father of mankind (StF 495)

Guide me, O thou great Jehovah (StF 465)

### Sunday 8<sup>th</sup> August 2021

Lord, enthroned in heavenly splendour (omitting v. 3) (StF 593)

Jesus the Lord said, 'I am the bread.' (omitting v. 4) (StF 252)



Seek ye first the kingdom of God (StF 254)

Now let us from this table rise. (StF 596)

Sunday 15<sup>th</sup> August 2021

Immortal, invisible, God only wise (StF 55)

Breathe on me, Breath of God (StF 370)

Give thanks with a grateful heart (StF 78)

Jesus is the name we honour (StF 354)

Sunday 22<sup>nd</sup> August 2021

Praise the Lord! You heavens, adore him (StF 86)

Be thou my vision, O Lord of my heart (StF 545)

How shall I sing that majesty? (StF 53)

The Spirit lives to set us free, walk, walk in the light (StF 397)

## **PRAYERS**

*We continue to pray for all those affected by the global pandemic in any way.*



### **A Prayer of thanks**

*Thank you, Lord, for the trees in the woods and the leaves on the trees.  
Thank you, Lord, for the oxygen in the air and for the air we breathe.  
Thank you, Lord, for the clouds in the sky and for the water in the clouds.  
Thank you, Lord, for the rain on the land and for the crops in the fields.  
Thank you, Lord, for the love of friends and for the kindness of strangers.  
Thank you, Lord, for the giftedness of people and for the blessings of community.  
Thank you, Lord, for the experience of old age and for the laughter of children.  
Thank you, Lord God, that you are the world-maker, the sin-forgiver and the love-bringer;  
and thank you that I am part of all this... your amazing world. **Amen***

## Prayers from World Vision

Dear Lord, thank you for uniquely creating each of us, with skills and talents we can use for your glory. We pray for vulnerable children around the world, who are not able to see or reach their full God-given potential, because of where they were born. Help us use what we have to help them.

Heavenly Father, we ask that the cease fire and fragile peace continues in the conflict-ridden area of Ethiopia. Father we ask that, where needed, children and families are rescued and can recover from the hunger and hardships they have suffered.

Lord Jesus, as children and teachers across the UK start their summer holidays, we pray for rest, relaxation, and fun. In a year that has been hard for so many, we pray for health and wholeness. **Amen.**

### **XCIII Dominus regnavit** Psalm 93 *The Lord is King! He is robed in Majesty*

And trusting him until the day I die,  
I will not fear the surging of the sea,  
Though troubles in a flood-tide rise so high;

Wave after wave of panic surges through me  
And other people's fear and rage increase  
My own, until the toxic mix is deadly.

But when it seems these troubles never cease  
I sense beneath them all some solid ground,  
A sure foundation and an inner peace,

And, over-arching them, the starlit round  
Of heaven's firmament. Though in between  
The storms of life rage on, with all their sound

And fury, I still trust that all unseen,  
Founded below and glorious above,  
My saviour stands and keeps my soul serene.

### **XCII Bonum est confiteri** Psalm 92 *It is good to give thanks to the Lord*

My Lord will bring me through my darkest hour,  
And I will praise him in the morning light  
And contemplate his wisdom and his power

Meeting together on the cross. By night  
His truth will nurse and nurture me in dreams  
And in the day my mind will still delight

In all his works and wisdom. The rich themes  
Of his wise teaching shine through all I see:  
The rushing winds and swiftly flowing streams

Will teach me of his spirit, the green tree  
Will show his rooted fruitfulness, and I

Myself will flourish in his house and be

A tree that lifts its branches to the sky  
Still bearing fruit for him in my old age  
And trusting him until the day I die.

**XCI Qui habitat** Psalm 91

Those who live in the shelter of the Most High will find rest in the shadow of the Almighty.

He shares our grief and wipes away our tears  
And even in this life he shelters us  
Beneath the shadow of his wings. Our fears

And hopes are known to him. His faithfulness  
Will be our shield and buckler. We can trust  
His constancy and know he will be with us;

With us through the best and through the worst.  
I may be threatened by the passing harm  
Of outward pestilence, but still I trust

He gives his angels charge, and with his arm  
He shelters and embraces me. No power  
Can separate me from his love. His Name

Is my protection and delight. I pour  
My heart and soul to him in songs and psalms,  
And he will bring me through my darkest hour.

*Sonnets based Psalms, from David's Crown Malcolm Guite Canterbury Press 2021*

~ O ~

**Poet's Corner** CHURCH TIMES 23 JULY 2021

*Schoolchildren scrolling through their smartphones gives Malcolm Guite pause*

THE morning walk that I share with George, my amiable greyhound, often coincides with the convergence on to the village green, from various paths, of children on their way to the village college. It was strange, during the first lockdown, to take that walk, just before what should have been the start of the school day, and find it all eerily deserted. So, I have welcomed the return of the children, some happily kicking a football as they go, some clustered in groups and gaggles exchanging news or gossip, some, in classic Shakespearian style as:

*. . . the whining schoolboy, with his satchel  
And shining morning face, creeping like snail  
Unwillingly to school.*

But, most of them, as they make their way to school, willingly or no, are doing something that





Shakespeare could never have guessed: they are staring into their mobile phones, sometimes so absorbed in tapping and swiping that they almost trip over George.

Not being a digital native, as these children are, I could easily scoff or criticise, and go on like a grumpy old man about “Why can’t these young people look up and enjoy the world around them instead of being lost in some hopeless little screen?”. But I hesitate to do so, partly because I could be seen, not only on my schooldays but at university, too, walking along the street with my nose so deeply buried in a book that I bumped into everyone and anyone. Indeed, the gent harrumphing behind a newspaper on the Tube is just as isolated and antisocial as the teenager absorbed in scrolling.

But what really gave me pause was to contemplate how much those phones must have meant, what a godsend they must have been, when those kids were really isolated, cooped up at home and separated from all their friends, and their phones were the only window on the world — the vital link that “made one little screen an everywhere”.

As that last phrase came to mind, I remembered that it was an updated echo of a line of Donne’s that I’d used in a wry little poem that I wrote when I first got a smartphone, and contemplated its potential for good and for ill. Remembering that poem made me realise that, when it comes to phone use, it is myself I should be questioning, not just the children. The poem went like this:

### ***iOde***

*My private portal to a world between,  
My placeless place of virtual exchange,  
I see through you though you remain unseen  
And make familiar what you once made strange.*

*You make a stranger means to make me “friend”  
Whom I can “touch” to “like”, to show I care.  
You make a means to every unknown end  
And make one little screen an everywhere.*

*I am familiar with a hundred faces,  
All famished for their fifteen minutes fame,  
I am half present in a hundred places  
But never present in the place I am.*

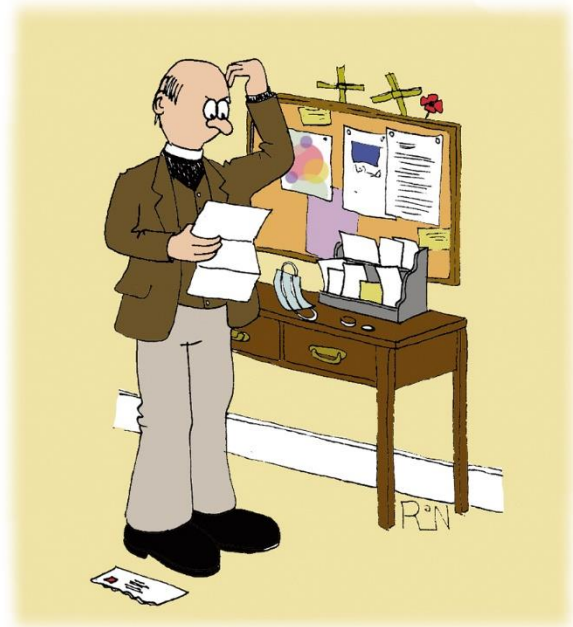
*I pull you from my pocket when you call  
I touch and swipe as I am bid to do,  
You do my bidding too, you do it all,  
What will you make of me, or I of you?*

*Malcolm Guite is a poet, priest and singer-songwriter. He is a Chaplain of Girton College and Associate Chaplain of St Edward King and Martyr in Cambridge, and is the author of many anthologies of poetry. He is a weekly columnist in the Church Times where he writes the very popular ‘Poet’s Corner’ which is included here each week for you to enjoy.*

## **RESOURCES**

Attached to this Bulletin are these items ~

- ✚ Reflection from Revd Ali for Sunday 1<sup>st</sup> August 2021 ~ Trinity 9
- ✚ Reflection from Michael Harris for Sunday 8<sup>th</sup> August ~ Trinity 10
- ✚ Order of Service for Holy Communion (BCP) at Corley Church 1<sup>st</sup> August 2021
- ✚ Order of Service for Service of the Word at Fillongley Church 1<sup>st</sup> August 2021
- ✚ *You will also receive in a separate mailing the orders of Service in both churches for 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>nd</sup> August 2021*



***Barry had been asked to something called 'a meeting'.***

## **AND FINALLY DON'T FORGET .....**

If there is anything that you need or know of someone who would appreciate being contacted or added to the mailing list for this weekly e-bulletin, please do not hesitate to contact Revd Ali, Revd Jane or any of the Churchwardens and Church Stewards listed below. <sup>i</sup>

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