

This week's message from Revd Jane.....

Once Christmas is finished and the decorations are put away, one of the first things I do is to go out and buy 2 bunches of daffodils. The house always seems so drab after Christmas with the long winter wait for Spring, and the flowers bring colour and brightness to the house.

Once daffodils are finished I buy tulips. So, to get to the point of this, I bought some tulips last week, but because I had one or two things to do when I got back home, I did not put them in a vase, forgot about them and left them overnight. In the morning they were very wilted and looked extremely sorry for themselves. I put them in water and it was amazing, in a very short period of time they began to look so much better. They had perked up and the buds had started to unfurl and as I was looking at them the Lord reminded me of how important it is for us to remain in him; to allow the water of his Spirit to refresh us and his word to feed and nourish us.

An athlete that I once met said how she could run many times round the track and get back and feel exhausted but once she'd had some water she would feel re-invigorated and ready to run again. As we move in the next couple of weeks, from the season of Easter to Pentecost, let us constantly open ourselves to the refreshing water of the Spirit. When we feel we've had enough and can't go on, may we know the refreshing of the Spirit strengthening us. Just as the tulips heads were lifted by being given water, so too, the Lord is the lifter of our heads.

May you know the Living Water flowing through you and refreshing you, this day and always,
with love,
Jane